

COURSE DESCRIPTION

Faculty	Technical College				
Department	Allied Medical Sciences			NQF level	6
Course Title	Adult Health Nursing 1 / Clinical	Code	60402253	Prerequisite	60402251
Credit Hours	2	Theory	0	Practical	6
Course Leader	Munadel khatib	email	m.khatib@jadara.edu.jo		
Lecturers	Luma Alomari Heba Alshannaq Bushra Alamoush Sara Batayneh Shahid Hatamleh Raneem khasawneh	emails	l.alomari@jadara.edu.jo h.alshannaq@jadara.edu.jo b.alamoush@jadara.edu.jo s.batayneh@jadara.edu.jo s.hatamleh@jadara.edu.jo		
Lecture time	(9:00-3:00)	Classroom	Hospital	Attendance	Fulltime
Semester	Second semester	Production	3/2026	Updated	3/2026
Type of Teaching	☐ Face to Face ☐ Blended ☐ Online				

Short Description

This course is the clinical component of adult health nursing course it is offered in two semesters. (Adult Health Nursing/1- 60402253) is the first part of this course. The objectives of both parts are to expand students' cognitive, psychomotor, & communicative skills. It allows the associate degree Nursing student to utilize the knowledge, nursing skills and critical thinking to provide safe effective nursing care to adults and the elderly. The course is arranged within acute and long-term care settings.

Course Objectives

At the end of this course students will be able to:

1. Collect and document patient medical history accurately to identify current and past health problems, medications, allergies, and family history.
2. Perform essential nursing procedures safely and effectively (e.g., assessing vital signs, wound irrigation, blood sampling, cannula insertion, and providing pre- and post-operative care).
3. Utilize critical thinking and problem-solving skills in dealing with selected alterations in health status.
4. Demonstrate acceptable level of competency in selected psychomotor skills necessary for the care of adults & older adult patients with medical or surgical health problems.
5. Identify health safety concerns and risks and take appropriate, immediate steps to alleviate or minimize those risks.
6. Implement the nursing process competently in acute and long-term care settings, showing autonomy and responsibility in clinical decision-making.
7. Demonstrate accountability, & responsibility for safe professional nursing practice

Course Intended Learning Outcomes (CILOs)

A. Knowledge - Theoretical Understanding					
a1. Collect and document patient medical history accurately to identify current and past health problems, medications, allergies, and family history.					
B. Knowledge - Practical Application					
C. Skills - Generic Problem Solving and Analytical Skills					
b1. Perform essential nursing procedures safely and effectively (e.g., assessing vital signs, wound irrigation, blood sampling, cannula insertion, and providing pre- and post-operative care).					
b2. Utilize critical thinking and problem-solving skills in dealing with selected alterations in health status.					
D. Skills - Communication, ICT, and Numeracy					
b3. Demonstrate acceptable level of competency in selected psychomotor skills necessary for the care of adults & older adult patients with medical or surgical health problems.					
b4. Identify health safety concerns and risks and take appropriate, immediate steps to alleviate or minimize those risks.					
E. Competence: Autonomy, Responsibility, and Context					
c1. Implement the nursing process competently in acute and long-term care settings, showing autonomy and responsibility in clinical decision-making.					
c2. Demonstrate accountability, & responsibility for safe professional nursing practice					
Teaching and Learning Methods					
☒ Face to Face Lectures ☒ Brainstorming ☐ Synchronous remote ☐ Asynchronous remote ☒ Presentation ☒ Discussions ☐ Research Project ☒ Case Study ☒ Field visit ☒ Problem solving					
Assessment Methods					
☒ Formative Assessment ☐ Quiz ☐ Lab Exam ☐ Homework ☐ Project Assessment ☒ Oral Presentation ☐ Midterm ☒ Final Exam					

Course Contents					
Week	Hours	CILOs	Topics	Teaching & Learning Methods	Assessment Methods
1+2	12	A1, b1, b2, b3, b4	General procedures - Health history - Apply the universal precaution of infection control - Bed making and patient hygiene - Check vital signs - Scrubbing, Gowning and Gloving - Assessment and management of pain - Weighing the patient	Face to face lectures, presentation, field visit, brainstorming, discussions, problem solving, case study	Formative assessment, oral presentation, final exam.
3+4	12	a1, b3, b2, b4, c1, c2	Participate in caring for a patient with alterations of Oxygenation and breathing - Care of patients	Face to face lectures, presentation, field visit, brainstorming,	Formative assessment, oral presentation

			with respiratory disorders - Care of patients in pre & post-operative periods - Breathing exercises - Isolation precautions - Positioning - Physical exam - Health education - Reporting & recording	discussions, problem solving, case study	, final exam
5+6	12	a1, b3, b2, b4, c1, c2	• Participate in caring for the patient with circulatory and tissue perfusion alterations: - Care of patients with cardiac disorders and hypertension - Care of patients in pre & post-operative periods - blood analysis for blood sugar - Taking samples; blood - Health education - Reporting & recording	Face to face lectures, presentation, field visit, brainstorming, discussions, problem solving, case study	Formative assessment, oral presentation , final exam
8+7	12	a1, b3, b2, b4, c1, c2	• Participate in providing nursing care of patient with alteration in ingestion and fecal elimination: - Care of patients with GI disorders - Assess and manage nutritional alterations - Care of patients in pre & post-operative periods - Physical exam - Health education - Reporting & recording	Face to face lectures, presentation, field visit, brainstorming, discussions, problem solving, case study	Formative assessment, oral presentation , final exam
10+9	12	a1, b3, b2, b4, c1, c2	• Participation in the care of patients with alteration of renal and urinary elimination: - Care of patients with renal disorders - Taking samples; urine - Care of urinary catheterizatio	Face to face lectures, presentation, field visit, brainstorming, discussions, problem solving, case study	Formative assessment, oral presentation , final exam

			- Urine analysis for blood sugar - Care of patients in pre & post-operative periods - Physical exam - Health education - Reporting & recording		
11+12	12	a1, b3, b2, b4, c1, c2	• Participate in dose calculation and administration of medication - Preparation of the medication tray - Medication distribution - Given injections; IM, IV, SC, ID - Using medication cards - Ensuring 10 medication rights - Reporting & recording	Face to face lectures, presentation, field visit, brainstorming, discussions, problem solving, case study	Formative assessment, oral presentation, final exam
Final Exam					

Infrastructure	
Textbook	Hinkle, J. Cheever, K. (2014). Brunner & Suddarth's Textbook of Medical-Surgical Nursing (13 th Ed). Lippincott Williams & Wilkins
References	1. Lewis, S., Bucher, L., Heitkemper, M., Harding, M., Kwong, J. (2017). Medical-Surgical Nursing: Assessment and Management of Clinical Problems, Single Volume, (10th Ed.) Elsevier 2. Lewis, Dirks (2016). Clinical companion to medical surgical nursing. (10th ed.) Elsevier 3. Hinkle, J. Cheever, K. (2014). Brunner & Suddarth's Textbook of Medical-Surgical Nursing (13th Ed). Lippincott Williams & Wilkins 4. Rupert, Rup (2013). Lippincott's NCLEXRN Alternate format question. (5th Ed.) Lippincott Williams & Wilkins 5. LeMone, P., Burke, K., Bauldoff, G., Gubrud, P. (2014) Medical- Surgical Nursing: Clinical Reasoning in Patient Care (6th Ed.) Pearson
Required reading	All references are required for reading
Electronic materials	This course is a practical clinical rotation conducted weekly at the hospital
Other	Attendance and Communication Policy for Clinical Training (Hospital) • Attendance and Participation: Students are expected to attend all scheduled training sessions at the hospital on time and actively participate in clinical and learning activities. • Attendance Recording: Attendance will be recorded at the beginning of each shift. Late arrivals may be marked as "tardy" or "absent" according to the course training regulations.

	• Student Responsibility: Students are responsible for all tasks and information covered during their absence from the hospital, including clinical instructions, assignments, and assessments. • Professionalism in Communication: All training-related communication must be conducted respectfully and professionally, reflecting the medical ethics of the hospital. • Inquiries: Students are encouraged to ask questions and seek clarification from clinical supervisors while at the hospital or during designated office hours. • Official Communication Channels: Official channels (e.g., university email or the university learning platform) must be used for all correspondence. • Message Details: When sending messages, students must clearly state their full name, their assigned hospital department, and the purpose of the communication. • Response Time: Instructors or supervisors will respond to messages within a reasonable timeframe (typically 24–48 hours on working days).
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Course Assessment Plan									
Assessment Method		Grade	CILOs						
			a1	b1	b2	b3	b4	c1	c2
First (Midterm)		-	-	-	-	-	-	-	-
Second (if applicable)		-	-	-	-	-	-	-	-
Final Exam		40	10	5	5	5	5	5	5
Coursework		60							
Coursework assessment methods	Assignments	-	-	-	-	-	-	-	-
	Case study	20	10	-	-	-	-	10	-
	Discussion and interaction (Clinical evaluation)	20	8	7	-	-	-	-	5
	Group work activities	-	-	-	-	-	-	-	-
	Lab tests and assignments	-	-	-	-	-	-	-	-
	Presentations	10	-	-	6	-	4	-	-
	Quizzes (skills checklist)	10	-	-	-	10	-	-	-
Total		100	28	12	11	15	9	15	10

Plagiarism
Plagiarism is claiming that someone else's work is your own. The department has a strict policy regarding plagiarism and, if plagiarism is indeed discovered, this policy will be applied. Note that punishments apply also to anyone assisting another to commit plagiarism (for example by knowingly allowing someone to copy your code). Plagiarism is different from group work in which a number of individuals share ideas on how to carry out the coursework. You are strongly encouraged to work in small groups, and you will certainly not be penalized for doing so. This means that you may work together on the program. What is important is that you have a full understanding of all aspects of the completed program. In order to allow proper assessment that this is indeed the case, you must adhere strictly to the course work requirements as outlined above and detailed in the coursework problem description. These requirements are in place to encourage individual understanding, facilitate individual assessment, and deter plagiarism.