

# Osama Daradkeh

## Physical Education & Sports Science

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📍 Address: Amman & Irbid – Jordan | Date of Birth: 23-10-1998

A dedicated researcher and academic in physical education, holding a Master's degree in health and psychological care for athletes, with a specialization in racket sports. I seek an academic educational position where I can apply my expertise in teaching and scientific research to develop advanced programs that enhance the physical and mental health of athletes and the community. I aspire to be an active contributor in training a new generation of professionals who implement best scientific practices in physical activity, mental health.

## Education

- **Master's Degree in Physical Education** / Yarmouk University, Jordan. 2021 – 2022

GPA: Very Good.

**Thesis:** "The Level of Health and Psychological Care Provided to the Jordanian National Teams of Racket Games from Their Point of View"

- **Bachelor's Degree in Physical Education** /Yarmouk University, Jordan. 2017 – 2021

GPA: Very Good.

## Work Experience

- ✓ **Lecturer in Physical Education** Oct 2025 – present

Jadara University – Faculty of Physical Education, Irbid, Jordan.

- ✓ **Part-time Lecturer** Mar 2025 – Jul 2025

Jadara University – Faculty of Physical Education, Irbid, Jordan.

- Delivered academic lectures and supervised coursework in various sports science subjects.
- Assisted in curriculum development and fostered active student engagement in both theoretical and practical sessions.
- Provided academic guidance and support to students in their research and field projects.

Contributed to organizing university events, workshops, and sports-related activities.

- ✓ **Government services Officer** Aug 2024 - Jan 2025

- Ministry of Digital Economy and Entrepreneurship, Jordan.
- Supported the rollout and activation of digital identity services for Jordanian citizens.
- Served as a liaison between citizens and government platforms to improve accessibility and user experience.
- Resolved technical issues and provided user guidance through digital systems.
- Promoted digital literacy and awareness during national service campaigns.

- ✓ **School football player (athletic excellence)** January 2015 - January 2016

- Ministry of Education / Directorate - Level Team, Jordan.
- Selected for the school and directorate football team based on performance and commitment.
- Represented the school in national-level tournaments, promoting teamwork and discipline.
- Developed athletic skills, leadership, and sportsmanship through structured training and matches.

## Research and Conferences and Scientific Memberships

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- **Membership of the Arab Society for Biomechanics and Locomotor Behavior since March 2023.**
- **Published Research:**
  - Principal Researcher of the study titled: "**The Level of Healthcare Provided to Jordanian National Racket Team Players**" •Published in Rawafed Journal, July 2023. This research is derived from my Master's thesis and evaluates the quality of healthcare services provided to national racket sports athletes, offering recommendations to enhance their performance and well-being.
  - Contributor to the research titled: "**The Effect of Physical Activities and Massage on Quality of Life for a Girl with Cerebral Palsy**" •Presented at the International Yarmouk Conference, May 2023.
  - Principal Researcher for the study titled: "**Comparative Study on Psychological Differentiation Among Students in Individual vs. Group Sports**" •Presented at the International Yarmouk Conference, October 2024.
  - Principal Researcher of the paper titled: "**Influence of Fitness Trainers on Mental Health of Health Club Members in Irbid**" •Presented at the International Jadara Conference, May 2025.

## Courses

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- **Physiotherapy** – Queen Rania Center
- **ICDL** – Computer Skills.
- **Research methodology and techniques, scientific publishing and participation in conferences** - Arab Society for Biomechanics and Locomotor Behavior.
- **Community Sports Leaders** – Jordan Olympic Committee.
- **Badminton Referee** – Jordanian Badminton Federation.
- **Shuttle Time Instructor Certification** - BWF.
- **Table Tennis Coach** – International Table Tennis Federation.
- **Ground Tennis Referee** – Jordan Tennis Federation.
- **Swimming Referee** – Jordanian Swimming Federation.
- **Athletics Referee** – Jordanian Federation of Deaf Sports.
- **Tournament Organization** – Jordanian Deaf Sports Federation.
- **Other practical, research, and volunteer certificates.**

## Skills

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- **Microsoft Excel** – Skilled in Excel for payroll, reconciliation, and basic financial modeling.
- **Technology and artificial intelligence** - High skills in most modern and effective technology programs.
- **Teamwork** - Strong ability to collaborate with teams to achieve shared goals.
- **Psychological and social support** - providing mental and social support to improve well-being.
- **Customer Service** -Strong skills in client interaction, problem resolution, and building positive relationships.
- **Communication** – Clear and professional verbal and written communication skills.
- **Scientific Research and report writing** – Conducting Research and write clear reports.

## Languages

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- Arabic.
- English.