

Introduction

- Dean of the Faculty of Educational Sciences at Jadara University, holding the rank of Associate Professor in Psychological and Educational Counseling.
- Holds a PhD in Psychological and Educational Counseling and two Master's degrees in Educational Administration and Psychological Counseling.
- Served as Dean and Vice Dean of the Faculty, with extensive experience in leadership, curriculum development, and program establishment.
- Faculty member since 2017, specializing in family counseling, psychological counseling, and social responsibility.
- Actively participates in scientific research, training, and international conferences.
- Experienced as a coordinator for faculty and major requirements/courses, and General Coordinator of the Consultation and Training Center at Jadara University.

Experience

- Dean of the Faculty of Educational Sciences, Jadara University – Irbid, Jordan (9/2024 - Present).
- Head of the Counseling and Family Reform Department, Jadara University – Irbid, Jordan (9/2024 - Present).
- Dean of the Faculty of Educational Sciences, Jadara University – Irbid, Jordan (10/2020 - 9/2023).
- Vice Dean of the Faculty of Educational Sciences, Jadara University – Irbid, Jordan (9/2019 - 12/2020).
- Head of the Counseling and Family Reform Department, Jadara University – Irbid, Jordan (9/2020 - 9/2022).
- Head of the Psychological and Educational Counseling Department, Jadara University – Irbid, Jordan (9/2018 - 9/2020).
- Faculty Member, Faculty of Educational Sciences, Jadara University – Irbid, Jordan (10/2017 - Present).



Dr.

Shooroq Mohammad Ma'abreh

Personal Information

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- Nationality: Jordanian

Education

- **PhD in Psychological and Educational Counseling, Mutah University – Karak, Jordan.**
- **Master's Degree in Psychological and Educational Counseling, Yarmouk University – Irbid, Jordan.**
- **Master's Degree in Educational Administration, Jadara University – Irbid, Jordan.**
- **Bachelor's Degree in Biological Sciences, Yarmouk University – Irbid, Jordan.**

- Board Member of Jadara University Center for Consultation and Training, Jadara University – Irbid, Jordan (6/2018 - Present).
- General Coordinator of the Consultation and Training Center, Jadara University – Irbid, Jordan (6/2020 - Present).
- Board of Directors Member, Al-Shamal Company for Educational Investment – Irbid, Jordan (6/2017 - 6/2018).
- Lecturer in Counseling and Family Reform Courses, Faculty of Educational Sciences, Jadara University – Irbid, Jordan (12/2017 - Present).
- Executive Director, Al-Shamal Company for Educational Investment (owner of Jadara University) – Irbid, Jordan (2014 - 2017).
- Part-time Lecturer, Jadara University – Irbid, Jordan (2014 - 2017).
- Coordinator for the Social Responsibility and Volunteer Work Ethics Course, Faculty of Educational Sciences, Jadara University – Irbid, Jordan (9/2020 - Present).

Memberships

- Faculty Member at Jadara University: From 12/2017 to Present.
- Main Rapporteur for establishing the master's program in Clinical Psychology and the master's program in autism spectrum disorder.
- Main Rapporteur for establishing the bachelor's program in Family Reform and Counseling, setting the plan, and describing the courses: 2017.
- Main Rapporteur for establishing the bachelor's program in kindergarten and bachelor's in physical education: 2019.
- Main Rapporteur for establishing the master's program in Family Sciences, preparing the study plan, and describing the courses: 2020.
- Member of multiple committees in the Faculty of Educational Sciences (Scientific Research Committee, Social Committee, Activities Committee, Graduate Studies Committee): From 9/2019 to 12/2020.
- Preparatory Committee Member in the conference "Higher Education in the Arab World: Functions and Roles in Light of the Knowledge-Based Economy," 2018.

Conferences

- Participation: "Education and Psychology" Conference, United Arab Emirates (2019).
- Conference President: The Second Refereed Scientific Conference "Psychological Educational Visions and Experiences (Reality and Expectations)" (April 2021).
- Conference President: The Third Refereed International Conference: "Future Educational Visions and Aspirations / Entrepreneurship and Innovation".
- Conference President: The Fourth Refereed International Conference: Future Educational Visions and Aspirations: "Artificial Intelligence as a Partner".

Courses Taught

- Educational Psychology
- Counseling Psychology
- Mental Health
- Behavior Modification
- Psychological Tests and Measurements
- Assessment and Diagnosis in Counseling
- Counseling Session Skills
- Introduction to Special Education
- Personality Psychology
- Clinical Psychology
- Emotional and Behavioral Disorders
- Childhood and Adolescence Psychology

- Scientific Committee Member in the "International Conference on Training and Rehabilitation in Light of the Modern Technological Revolution, Jordan," 2018.

Scientific Production (Scopus & Published Works)

- The prevalence level of Jouska Syndrome symptoms among divorced mothers of children with disabilities: A descriptive study — *Multidisciplinary Reviews*, 9(10). 2026: Q3
<https://10.31893/multirev.2026486>
- Between Connectivity and Care: A Qualitative Exploration of Digital Transformation's Role in Family Cohesion for Jordanian Caregivers of Disabled Children — *Disabilities*, 6(2). 2026: Q2-
<https://doi.org/10.3390/disabilities6020034>
- The Associations Between Prior Abuse Experiences and Causal Attributions for Intimate Partner Violence Among Service-Attending Husbands in Jordan — *Islamic Guidance and Counseling Journal*, 9(1). 2026: <https://doi.org/10.25217/0020269744100> Q1
- IncluLearn AI: a user-centered adaptive tutoring system for digital skill development among women with disabilities — *Frontiers in Education*, 11. 2026: Q1-
<https://doi.org/10.3389/feduc.2026.1783693>
- Parental self-compassion in the digital age: a shield against techno-family stress — *Frontiers in Education*, 11. 2026:
<https://doi.org/10.3389/feduc.2026.1781912> Q1
- The relationship between special education teachers' attitudes and their competencies in using assistive technology in Jordan — *Frontiers in Education*, 11. 2026: Q1 <https://doi.org/10.3389/feduc.2026.1769030>
- The predictive ability of selfies and internet addiction on social appearance anxiety among Jordanian private university students — *Journal of Education and E Learning Research*, 12(4). 2025:
<https://doi.org/10.20448/jeelr.v12i4.7416> Q3
- Predictive ability of psychological capital for psychological flow among administrative employees in Jordanian private universities — *International Journal of Advanced and Applied Sciences*, 12(8). 2025:
<https://doi.org/10.21833/ijaas.2025.08.008> Q3

- Family Counseling Techniques
- Family Health Culture
- Introduction to Psychology
- School Counseling
- Learning Disabilities
- Vocational Guidance and Counseling
- Marital and Family Counseling Theories
- Psychological Counseling Theories
- Counseling Victims of Violence
- Principles of Psychological and Educational Counseling
- Psychological Stress
- Contemporary Issues in Psychological Counseling
- Cultural Foundations of Marriage and Family
- Student Problems and Methods of Treatment
- Counseling Special Groups
- Family Communication Skills
- Practicum 1
- Practicum 2

Research Interests

- Conducting modern studies related to family affairs and issues.
- Developing psychological programs and scales specialized in studying family behavioral phenomena.
- At-risk children.
- Mental health.

- Professional competencies of family mediators in Jordanian family reform offices and their impact on job engagement — *International Journal of Advanced and Applied Sciences*, 12(2). 2025: <https://doi.org/10.21833/ijaas.2025.02.009> Q2
- Family Environment as A Predictor of Neuroticism and Extraversion Among Students of Jadara University — *Educational Process International Journal*, 16. 2025: Q2- DOI: 10.22521/edupij.2025.16.294
- Lecturers' Use of Body Language at Jadara University from the Students' Point of View — *Dirasat Human and Social Sciences*, 52(1). 2025: <https://doi.org/10.35516/hum.v52i1.4059> Q3
- Students' Attitudes and Perceived Usefulness of Artificial Intelligence (AI) Tools in Physical Education — *International Journal of Information and Education Technology*, 15(4). 2025: DOI:10.18178/ijiet.2025.15.4.2282 Q3
- The Level of Health Behavior among Jordan University of Science and Technology Students in Light of the COVID-19 Pandemic — *Dirasat Human and Social Sciences*, 50(3). 2023: <https://doi.org/10.35516/hum.v50i3.5427> Q3
- High School Principals' Situational Leadership and Its Relationship with Teachers' Achievement Motivation — *European Journal of Contemporary Education*, 10(4). 2021: Q3- DOI:[10.13187/ejced.2021.4.1027](https://doi.org/10.13187/ejced.2021.4.1027)

Supervision and Discussion of master's and PhD Theses

- Differentiation of self and its relationship to criteria for choosing a life partner among Yarmouk University students / master's thesis.
- The predictive ability of forgiveness, marital satisfaction, and psychological resilience in marital adjustment among married couples in Jerash Governorate / PhD thesis.
- Organizational resilience and its relationship to the level of delegation of authority among secondary school principals in Jerash Governorate from the teachers' perspective / master's thesis.

Training Courses and

Certificates

- Holds the following courses:
- Training of Trainers Course - TOT License from the Consultation and Training Center - Jadara University, 2018.
- Comprehensive English Language Course: British Center, 2014.
- Office Management Course: 2011.
- Reform and Counseling Courses.

Skills

- Teamwork
- Leadership
- Problem-solving skills
- Time management
- Academic leadership and management
- Curriculum development
- Research and academic expertise
- Strategic planning and program coordination
- Mentoring and faculty development
- Community engagement and social responsibility
- Communication skills

- The level of family psychological stress and its relationship to academic procrastination and psychological comfort among graduate students at Mutah University / PhD thesis.
- The predictive ability of psychological hardiness and ego identity on communication apprehension and situational regret among divorced women in Tafilah Governorate / PhD thesis.
- Couvade syndrome and its relationship to personal distress among a sample of expectant fathers / master's thesis.
- Thinking styles according to Herrmann's theory and their relationship to leadership styles among secondary school principals in Bani Kinanah District.
- The level of organizational integrity among school principals in the Irbid Qasabah District and its relationship to teachers' organizational commitment.
- Mental health according to Imam Ibn Hazm Al-Andalusi in the book of Morals and Behavior (An educational study).
- The degree of practice of modern educational supervision methods by educational supervisors in Al-Koura District and its relationship to the level of organizational trust among teachers.
- Supportive leadership among principals of Irbid Qasabah schools and its relationship to the level of job performance of teachers.
- Self-management among school principals in Irbid Governorate and its relationship to teachers' organizational commitment / master's thesis.
- Participatory leadership among school principals in Al-Koura District and its relationship to seriousness of work among teachers / master's thesis.
- Organizational health in schools of Irbid Qasabah District and its relationship to job performance among teachers / master's thesis.
- The degree of administrative empowerment and its relationship to the level of job engagement among employees at Al-Balqa Applied University / master's thesis.
- The degree of practice of inspirational leadership and its relationship to the level of organizational ambidexterity among school principals in Jerash Governorate / master's thesis.

Languages

- Arabic: Excellent (Mother Tongue)
- English: Excellent in Reading, Writing, and Speaking

References

- Available upon request.

Community Service Activities

- Implementing a training course for a group of Jadara University students on solving contemporary youth issues in 2018.
- Implementing training courses with the Sharia Judicial Institute, Family Reform and Conciliation Offices (Irbid, Ajloun, Mafraq, Zarqa, Amman) 2017-2019.
- Implementing a training course entitled (Developing Professional Awareness Using the Internet) for a number of Jordanian youths at the National Center for Human Resources Development in 2019.
- Implementing training courses on communication skills for young men and women about to get married; in cooperation with the Supreme Judge Department, Sharia Judicial Institute 2019.
- Implementing a workshop on the psychological and physical changes of adolescent girls, Qum Basic School for Girls.
- Participating in a workshop on the developmental characteristics of primary school students, Iskan Moath School 2019.
- Participating in a workshop entitled (Positive Dealing with Children): with Family Protection Centers Irbid 2019.
- Participating in the "Education and Psychology" conference, United Arab Emirates 2019.
- Participating in a seminar on domestic violence in cooperation with the Family Protection Center Irbid 2019.
- Participating in a seminar entitled (Drugs: A Scourge Invading Youth Behaviors), Irbid 2019.
- Participating in re-describing the courses for the Psychological and Educational Counseling program and re-approving the plan for the year 2019-2020.
- Participating in the open day activity for the Faculty of Educational Sciences in cooperation with faculty members to introduce the students of the Psychological Counseling Department to the requirements of the psychological and educational counseling profession 2019.
- The Second Refereed International Conference (President of the Conference).

- The Third Refereed International Conference: Future Educational Visions and Aspirations "Entrepreneurship and Innovation" (President of the Conference).
- Participating in a seminar entitled "Reducing Sports Violence."
- Participating in a seminar entitled "Choosing a Life Partner."
- Participating in the introductory workshop on "Jordanian Accreditation Standards and Quality Assurance of New Academic Programs."
- Participating in the workshop held by the USAID entitled Preparation and Qualification of Teachers in Jordan.